

Rosburn
Ukrainian Catholic
Pastoral District

Український католицько-пастирський округ Росберн

*Serving the communities of
Rosburn, Russell, Oakburn, Shoal Lake, Olha, Birtle, Lakedale,
Angusville, Ruthenia, Rosburn Farms, Dolyny and Seech*

December 2021 Parish Bulletin

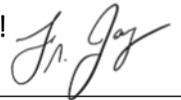
Be still and know that I am God (Ps. 45:11)

Today I am writing this greeting to you from within Holy Eucharist Parish in Oakburn where I sit here between confessions. As I sit here in the silence, I find it an incredible and often rare time to simply be in silence with our Lord. At the very beginning of the pandemic, a remark often heard was how nice it was to not have all the busyness in our lives and all the commitments. For once we as a society were actually taking the time to stop and smell the proverbial flowers. But today, even though the pandemic continues to loom about in our lives, we have slowly returned to a more busy lifestyle again and we have thus started to lose that silence again.

This month as we get closer to the arrival of our Lord in the flesh, I encourage you to take note of our Catechesis Corner this month that focuses on the Jesus Prayer. This is a prayer that is very simple, but at the same time can have a profound effect on our lives both physically and spiritually.

My prayer for myself this month and equally for all of you parishioners is that we may take time to find silence and stillness in our lives, but above all that we may find God in that silence and stillness. He is always there waiting for us, we just need to go and seek Him.

Wishing all of you a most blessed Nativity season from my whole family to yours!



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Catechesis Corner

The Jesus Prayer

O Lord, Jesus Christ, Son of God, have mercy on me a sinner.

This month we are turning our focus to a specific prayer. The Jesus Prayer is a very simple prayer that has been around for centuries and has often been noted to be one of the most essential basic prayers for Eastern Christians, however this prayer can be beneficial for any Christian wanting to achieve a true relationship with God.

The Jesus Prayer according to numerous Church Fathers is "essential" to our spiritual growth. The Jesus Prayer is thought to be as old as the Church itself.

The Jesus Prayer, helps us to be able to *stand in God's presence*. This means that the Jesus Prayer helps us to focus our mind exclusively on God with no other thought occupying our mind but the thought of God. At this moment when our mind is totally concentrated on God, we discover a very personal and direct relationship with Him.

The Jesus Prayer has two important purposes. The first is **worship** as with all prayer. The second is a **discipline** to help our soul gain control of our overactive brains and create stillness so the Holy Spirit can work through us and help us live the virtues in union with God.

To start praying the Jesus Prayer, It is best to add the Jesus Prayer to your morning prayers as this is when the mind is the quietest. Begin by saying the Jesus Prayer verbally focusing on each word. If you want, start by only repeating a couple times slowly or use a small chotky, which is 33 times. You will experience the challenge of dealing with your thoughts, the tendency for you mind to wander. Attention when praying the Jesus Prayer is important. Be sincere in your prayer and repeat it with contrition. Praying the Jesus Prayer is that simple, but it does take patience and practice to achieve the ideal way of praying it.

At the entrance of each parish, there are brochures to help learn more about this prayer. Also available are 'chotky.' Chotky are the special prayer ropes that are used for praying the Jesus Prayer, much like a rosary is used for. If you do not have chotky, you can actually use your rosary too. If you wish to have your own set of chotky, sign up at the back of the church and Fr. Jay will personally make them for you.



1st Communion Class - 2022 If there are any families with students in the district who are in Grade 2 this year (2021-22) and would like to receive either their First Holy or Solemn Communion, please contact Fr. Jay and let him know. We hope to offer classes throughout the year again, however we do have the opportunity this time around to do them together, in person as opposed to our Zoom format from last year.

If there is also interest in having a catechism class for other students of other ages, please contact Fr. Jay as well and we will set things up.

COMING IN THE NEW YEAR! At our last all-parish meeting in November, a topic that was brought up was the difference that presence makes in effective ministry. Fr. Jay is making a plan to create more opportunities to be present for all parishioners. This might include, but will not be limited to: visits to your farm, tractor ride-along, gatherings of young parents, Theology on Tap, Table for Two. Fr. Jay wants to make a commitment to visiting with and seeing where the parishioners of the district are at. If you have any ideas that you would like to suggest, please contact Fr. Jay and let him know.

Christmas Schedule 2021

As we approach the Feast of the Nativity, we pray and hope that public health orders do not change last minute so as to ensure that we can celebrate Christmas together as a church family this year. Please be advised that pre-registration is required for Christmas Eve services in Rossburn (4pm) and in Russell (8pm). Please phone your parish representative to reserve your spot now.

Eve of the Nativity

9:00 AM Royal Hours — Rossburn
4:00 PM Divine Liturgy — Rossburn
8:00 PM Great Compline
& Divine Liturgy — Russell

Feast of the Nativity

10:00 AM Divine Liturgy — Oakburn



DECEMBER 20

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TUE

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 @ROSSBURN.UGCC  ROSSBURNUGCC.CA  ROSSBURN UKRAINIAN CATHOLIC PASTORAL DISTRICT			01
<p>05</p> <p>9:00AM - Oakburn 11:30AM - Rossburn 2:00 PM - Russell</p> <p>6pm - Great Vespers</p>	<p>06</p> <p>St. Nicholas 10AM - Divine Liturgy</p>	<p>07</p> <p>10AM - Divine Liturgy Blessings on Adele & Walter by Donna Korban Rossburn Parish Council Meeting 2 PM</p>	<p>08</p> <p>10AM - Div +Lorne & Sici by Irene Yeros 6pm - Gre</p>
<p>12</p> <p>Sunday of the Holy Forefathers 9:00AM - Russell 11:30AM - Shoal Lake 2:00 PM - Rossburn</p>	<p>13</p>	<p>14</p> <p>NO Divine Liturgy</p>	<p>15</p> <p>10AM - Div Oakburn Council 7 P</p>
<p>19</p> <p>Sunday before the Nativity of Christ 9:00AM - Rossburn 11:30AM - Russell 2:00 PM - Oakburn</p>	<p>20</p> <p>10AM - Divine Liturgy +Richard Korban (4 yrs)</p>	<p>21</p> <p>10AM - Divine Liturgy Shoal Lake PCH</p>	<p>22</p> <p>10:15AM - D Russe</p>
<p>26</p> <p>Sunday after the Nativity of Christ 9:00AM - Shoal Lake 11:30AM - Rossburn 2:00 PM - Russell</p>	<p>27</p> <p>Feast of St. Stephen</p>	<p>28</p>	<p>29</p>

Fr. Jay on holiday

021 ГРУДЕНЬ

ED	THU	FRI	SAT
	02	03	04
	Fr. Jay away Dec. 1 - 3		10AM - Baptism & Divine Liturgy Sandy Lake
Divine Liturgy & +Dorris nski & Jerry schak	09 Conception of Saint Anna Divine Liturgy 10AM - Rossburn	10 10AM - Divine Liturgy +Fr. Edward Kwiatkowski by Kwiatkowskii family	11 10AM - Divine Liturgy 40 Days for +Peter Kostuik
at Vespers			
Divine Liturgy	16 10AM - Divine Liturgy	17 10AM - Divine Liturgy 40 Days for +Marie Elash by Diane Marie Elash	18 Saturday before the Nativity 10AM - Divine Liturgy +Matt Bilawka (2yrs) by Cecelia & family
n Parish Meeting PM	Confessions St. Joseph RC Russell 4-7pm	Confessions Rossburn 4-7pm	
Divine Liturgy II PCH	23 10AM - Divine Liturgy	24 9AM - Royal Hours (Rossburn) 4PM - Divine Liturgy (Rossburn) 8PM - Compline & Divine Liturgy (Russell)	25 Nativity of Our Lord and Saviour, Jesus Christ 10AM - Divine Liturgy OAKBURN
	30	31	
ays Dec. 27 - 31			

Vigil Candle Intentions for the month of December

Nov. 29 - Dec. 3

Icon of Our Lord

For all parishioners

Icon of the Theotokos

For all parishioners

December 6 - 10

Icon of Our Lord

For all parishioners

Icon of the Theotokos

For all parishioners

December 13 - 17

Icon of Our Lord

+Andrew Lapka by sister Stella Shewchuk & family

Icon of the Theotokos

For all parishioners

December 20 - 24

Icon of Our Lord

For peace and joy throughout the Christmas season

Icon of the Theotokos

For peace and joy throughout the Christmas season

December 27 - 31

Icon of Our Lord

For blessings throughout the new year

Icon of the Theotokos

For an end to Covid-19

Confessions this month will be happening in Rossburn and Russell to assist the Catholic communities of the areas to prepare their hearts for Christmas. Please join Fr. Paul & Fr. Jay for confession in one of these two towns. See schedule for details.



On behalf of the entire Rossburn Ukrainian Catholic Pastoral District and neighbouring Neepawa District, we wish to extend our deepest condolences to the family and friends of those who have passed away in our districts over the last month.

Marie Elash (Russell) - November 9

We extend our prayers as a community for all those who have passed.

ВІЧНА ПАМ'ЯТЬ! ETERNAL MEMORY!



COVID-19 UPDATE: Currently (at time of publishing) as per the Province of Manitoba's #RestartMB response system, the province has new restrictions. At the time of publishing, our parishes will reopen to the public at a capacity of 33% and will continue to be live-streamed on Sundays. Funerals are allowed to have a maximum of 25 people in attendance (not including clergy, cantor & funeral staff). For further information on church restrictions, please contact Fr. Jay. We look forward to welcoming everyone back!

PROPER DISTANCING AND MASKS ARE STILL MANDATORY IN ALL PARISHES.

Please be respectful of these rules that are put in place by the Province of Manitoba.

While we patiently wait for things to resume fully, please remember to stay safe, get vaccinated and pray, pray, pray!

Pray with us online! Did you know that you can access all of

our liturgical services that happen in Rossburn online? Every Sunday and weekday services, as well as other services such as vespers that happen at Sacred Heart Parish in Rossburn are streamed live not only on our Facebook page, but as well on our YouTube channel, allowing those without



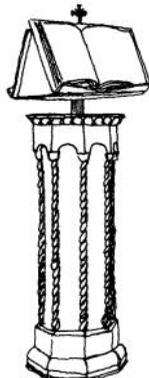
a Facebook account to be able to still access the services. For Facebook, search @[Rossburn.UGCC](#) and on YouTube search: [Rossburn Ukrainian Catholic Pastoral District](#). Now also available on our new website at [rossburnugcc.ca](#)



Want to get involved more?

As we begin a new liturgical year, there is no better time to get more involved in our parishes! There are many jobs that everyone can help with. Below is a list of jobs that are available in every parish. See something you like or are interested in? Let Fr. Jay know next time you see him or contact him any time!

- Altar servers
- Children of Mary
- Singing
- Reading
- Rosary / Jesus Prayer leading



***Trying to get a hold of Fr. Jay?
Do you have the right number?***

This past month there have been some changes to the parish phone lines in an effort to make things easier for both Fr. Jay and for the parishioners.

Effective immediately, there is only one phone number for the office and for Fr. Jay. You can **call or text** 204-859-3025.

Please remove 204-773-6594 from your contacts as it is no longer in service. Thank you!

Baby Announcement!

If you haven't already heard, Fr. Jay, Sophia, Benjamin & Gabriella are very excited to announce the arrival of their new baby daughter and sister: Kassia Helena!

Both mama and baby are doing just fine and are excited to get to meet everyone over the coming weeks. We would also like to thank everyone for their support and prayers over this past month. We are very blessed to be part of such an incredible community and are excited that our children get to grow up here!



Please remember in your prayers all of our parishioners who are in our local personal care homes:

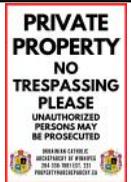
Rosburn PCH: Alice Hrubeniuk, Bill Kalyniak, Melvin Luhowy, Anne Shust

Russell PCH: Frances Snytynski, Anne Snytynski, Shirley, Helen Olynick

Shoal Lake PCH: Rose Gerelus, Frances Susinski, Nick Bonchak, Donnie Drozda, Olga Bomak, Bill & Lena Kalyniak, Penny Mychasiw, Helen Yaskiw, Tony Woychyshyn

**Fr. Jay has monthly services in each of these care homes.*

Reminder that the Private Property signs on our properties are for insurance purpose and at the request of our insurance provider. These are **NOT** meant to keep parishioners and family/friends away from cemeteries. You are all more than welcome to go and visit your loved ones at the cemeteries. Please do not remove!



Liturgical Schedule and Sacraments

Sundays: 9am, 11:30am & 2pm (please refer to calendar for locations)

Weekdays: 10am - Rosburn

Confessions: Prior to Divine Liturgies or by appointment (always available!)

Baptisms & Funerals: By appointment. Please contact Fr. Jay to arrange.

Weddings: By appointment with minimum 6 months notice.

Anointing of the Sick: By appointment. Please contact Fr. Jay on the parish cell phone for emergencies at 204.859.3025.